

Choral Eucharist

10.30pm 29th August 2021 – Trinity 13

Gathering

Attending this Service in Person in Church

If you are coming to church for this service, please bring this order of service with you if you can, on a device or print the paper copy at home and bring it with you. However people arriving in church without their own order of service will be given a shortened service sheet.

Logging on to the Live Stream

1. The live stream will start at about 10.25am in preparation for the service.
2. Go to our website www.stmaryletower.org.uk and find the “**LIVE Streamed Services**” title and click to go to our [Facebook Live](#) page.
3. Click on the service video. When the video opens you will need to click on the loudspeaker icon to unmute it and hear the sound.

Step 4 Covid-19 Arrangements in St Mary-le-Tower Church

The Vicar and PCC have agreed these new protocols:

1. All may now sing in church. Alleluia!
2. People in the long nave pews will be asked to continue wear masks and to keep one metre social distancing. All the pews may be used.
3. People in the shorter pews in the side aisles and also in the chancel (including the choir) will have no restrictions requested of them.
4. People with medical exemption from wearing masks are expressly welcome to sit anywhere in church.
5. Everyone will be requested to wear masks when moving about the church, out of respect for others.
6. Communion will now be administered at nave altar but remain in one kind only. Everyone will be requested to wear masks and socially distance by one metre in a single line up in the centre aisle. The choir will be requested to do similarly in the chancel.
7. Everyone will continue to be requested to sanitise their hands on entry into the church.
8. Records of attendance will continue to be kept to assist Test and Trace.
9. These protocols will be reviewed on a monthly basis, particularly in relation to the local hospitalisation rate for Covid 19.

Music before the Service

Organist: William Baldry

Welcome and Introduction

The minister gives some NOTICES, and INTRODUCES the service.

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you,
The Lord bless you.

Prayer of Preparation

Remaining standing.

**Almighty God, to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

Please kneel or sit, and we pause for a time of self-reflection.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God. Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon us,
pardon and deliver us from all our sins,
confirm and strengthen us in all goodness,
and keep us in life eternal;
through Jesus Christ our Lord. **Amen.**

Gloria (*Shepherd*)*Please stand (congregational setting).*

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

Prayer for the Day (The Collect)

The Lord be with you,
The Lord bless you.

Let us pray.

We keep a period of silent prayer together.

Almighty God,
who called your Church to bear witness
that you were in Christ
reconciling the world to yourself:
help us to proclaim the good news of your love,
that all who hear it may be drawn to you;
through him who was lifted up on the cross,
and reigns with you in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

**Listening for the Word
from God****First Reading: James 1.17-27***read by Ruth Longhurst.*

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act – they will be blessed in their doing.

If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

For the gift of his living word;
Thanks be to God.

Gradual Hymn*Please stand.*

**Blest are the pure in heart,
for they shall see our God;
the secret of the Lord is theirs,
their soul is Christ's abode.**

**The Lord, who left the heavens
our life and peace to bring,
to dwell in lowliness with men,
their Pattern and their King;**

**still to the lowly soul
he doth himself impart
and for his dwelling and his throne
chooseth the pure in heart.**

**Lord, we thy presence seek;
may ours this blessing be;
give us a pure and lowly heart,
a temple meet for thee.**

Gospel: Mark 7.1-8, 14-15, 21-23*read by Richard Hanley, Elder*

Hear the Good News of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

When the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, 'Why do your disciples not live

according to the tradition of the elders, but eat with defiled hands?’

Jesus said to them, ‘Isaiah prophesied rightly about you hypocrites, as it is written, “This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.” You abandon the commandment of God and hold to human tradition.’

Then he called the crowd again and said to them, ‘Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.’

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

Revd Canon Roger Pallant

Affirmation of Faith

**We believe in God, the Father almighty,
creator of heaven and earth.**

**We believe in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge
the living and the dead.**

**We believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Intercession

Led by Sonia Docherty, Elder. Please kneel or sit.

Merciful Father;
accept these prayers,
For the sake of your Son,
Our Saviour, Jesus Christ. Amen.

Liturgy of the Sacrament

The Peace

Please stand.

We are the body of Christ. In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you;
and also with you.

The Gifts of the People

St Mary-le-Tower faces considerable financial challenges at this time and everyone is invited to make a generous contribution by one method or another.

Donations may be made using as follows:

- *Regular giving by Standing Order*
- *The Donation Button on our website*
- *Via BACS to 30-94-55, 00059383
PCC St Mary le Tower Ipswich*

Offertory Hymn

Please stand and sing.

**O changeless Christ, for ever new,
who walked our earthly ways,
still draw our hearts as once you drew
the hearts of other days.**

**As once you spoke by plain and hill
or taught by shore and sea,
so be today our teacher still,
O Christ of Galilee.**

**As wind and storm their master heard
and his command fulfilled,
may troubled hearts receive your word,
the tempest-tossed be stilled.**

**And as of old who prayed
your healing hand was shown,
so be your touch upon us laid,
unseen but not unknown.**

**In broken bread, in wine outpoured,
your new and living way
proclaim to us, O risen Lord,
O Christ of this our day.**

**O changeless Christ, till life is past
your blessing still be given;
then bring us home, to taste at last
the timeless joys of heaven.**

Offertory Sentence

*Please stand, as the minister takes the offering plate.
Recalling our giving for God's work of in the life and mission of our Church, the minister says:*

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.

**All things come from you,
and of your own do we give you.**

The Great Thanksgiving

The Lord is here:

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.
And so we gladly thank you,
with saints and angels praising you, and singing:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he
who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died
he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life

and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Jesus Christ is Lord:

**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with Blessed Mary and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever. **Amen.**

We keep a time of quiet while the Sanctus bell is rung.

Breaking Bread

As our Saviour taught us, so we pray:
**Our Father in heaven,
hallowed be your name;
your kingdom come;
your will be done;
on earth as in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation;
but deliver us from evil.
For the kingdom, the power,
and the glory, are yours
now and for ever. Amen.**

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei (Shepherd)

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us peace.**

Holy Communion

Please all stand.

The minister proclaims and all respond:

The Body of Christ; the bread of heaven. **Amen.**

The Blood of Christ; the cup of salvation. **Amen.**

Communion is administered at the nave altar. Please form a single line to come forward in the centre aisle, and please return to your seat by the side aisles. Communicants are requested to wear masks while coming forward for Communion and moving around the church. Please also try and maintain one metre social distancing.

Communion will be administered in one kind only. The Bread will be carefully dropped into people's hands, so that there is no physical contact. Please hold out your crossed hands as you approach the minister. If you wish, you may lift your mask and consume the bread before moving on.

If you require a gluten free wafer, please do not hold out your hands until the minister offers the gluten free bread.

Those in church who prefer to do so, are welcome to participate through Spiritual Communion, in the same way that as those participating online are doing. Whenever and wherever we are, in this Holy Communion we are united by the Holy Spirit in the Body of Christ, given to us in baptism.

Communion is administered strictly in accordance with Bishops guidelines. Communion is given in one kind only, and the Bishops assure everyone that this is entirely as spiritually beneficial as receiving in both kinds.

Prayer after Communion

When administration of Communion is ended:

**God of all mercy,
in this eucharist you have set aside our sins
and given us your healing:
grant that we who are made whole in Christ
may bring that healing to this broken world,
in the name of Jesus Christ our Lord. Amen.**

Sending Out

Mission Hymn

Please stand and sing.

**Breathe on me, Breath of God,
fill me with life anew,
that I may love what thou dost love,
and do what thou wouldst do.**

**Breathe on me, Breath of God,
until my heart is pure;
until with thee I will one will,
to do and to endure.**

**Breathe on me, Breath of God,
till I am wholly thine;
until this earthly part of me
glows with the fire divine.**

**Breathe on me, Breath of God,
so shall I never die,
but live with thee the perfect life
of thine eternity.**

Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.
Amen.

Go in the peace of Christ

Thanks be to God.

Organ Voluntary

The livestream continues until the end of the Voluntary

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